Pressure Ulcer Quiz

Name: 

Contact Details: 

1. Name the stages of pressure ulcers

2. The factors that may increase the risk of getting a pressure ulcer are:
   a. Sitting or lying too long in one place
   b. Sitting in wet clothing or a wet bed
   c. Not getting enough food and water
   d. Having many chronic conditions at one time
   e. Using multiple medications that cause drowsiness, confusion or loss of appetite
   f. Prolonged use of medical devices
   g. All of the above

3. What is the estimated annual cost of pressure ulcer care in the UK?
   a) £1.4-£2.1 million b) £1.4-£2.1 billion a year c) £2.2-£4.4 billion

4. What percentage of the total NHS budget is spent on treating pressure ulcers?
   a) 1% b) 4% c) 10%

5. How many people in the UK are affected by Pressure Ulcers each year?
   a) 100,000 b) 300,000 c) 700,000

6. What is the estimated cost per patient for Category IV Pressure Ulcer in the UK?
   a) £5,200 b) £10,551 c) £15,653

7. Who are at risk of developing pressure ulcers?

8. Pressure ulcers tend to affect people with health conditions that make it difficult to move, especially those confined to lying in a bed or sitting for prolonged periods of time.
   True or False?
9. How would you classify this pressure ulcer?

a) Category 1  
b) Category 2  
C) Category 3

10. Name at least two methods to help reduce the risk of pressure damage in at risk patients?

Answers: Q1 (b) Q2 (b) Q3 (c) Q4 (b) Q5 people who are immobile, people with neurological disease or injury, malnourished people, morbidly obese, older people